

INSIGHTS KARATE ACADEMY SCHEDULE 2012

Missed classes may be made up within approximately two weeks of class unattended. Please see your instructor for more information.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Little Ninjas <i>(ages 4-6)</i>	4:30pm - 5pm		4:30pm - 5pm		10am - 10:30am
Kenpo Kids <i>(ages 7-13)</i>	5:15pm - 6pm	5:30pm - 6:15pm	5:15pm - 6pm	5:30pm - 6:15pm	10:45am - 11:30am
Young Adults <i>(ages 12-14)</i>	6:15pm-7:05pm		6:15pm-7:05pm		
Adults <i>(ages 14 +)</i>	8pm - 8:50pm	7:30pm - 8:20pm	8pm - 8:50pm	7:30pm - 8:20pm	9am - 9:50am

**Adult/Young adult sparring classes every other Thursday - dates and times will be posted*